

Services Made Possible Through:

Just for Today Recovery and Veterans

Support Services

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Founded in 2007, JFT Recovery and Veterans Support Services, Inc. (JFT) is a 501(c) 3 non-profit community organization devoted to offering safe, structured, and compassionate housing and services to those individuals and Veterans seeking recovery from Substance Use Disorders and other Mental Health Disorders.

We provide a clean and sober environment with the goal of a drug free recovery. Addiction education and advocacy for the recovery community in Central Pennsylvania is offered through use of our Recovery Center located in Lemoyne, PA which facilitates access to support groups and community organizations as well as events geared toward a long-term recovery.

We Thank and Recognize the Generous Contributions of our Corporate Benefactors:



Are you or a loved one struggling with or battling an addiction?

Substance Abuse?
Prescription Pain Killers?
Heroin?
Alcohol?

Now there is help to start and stay on a path of Recovery. New services are being offered in your local community that can facilitate a new start and a new way of life for those combating a Substance Use Disorder.

Sick and tired of being sick and tired?

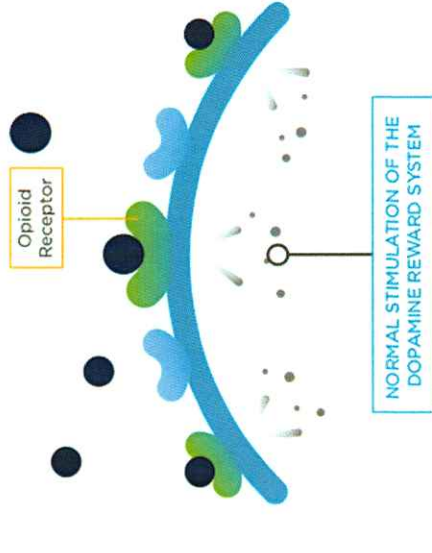
We Can Help.

Take this pamphlet, call the number or send an E-mail and take the first steps towards the rest of your life.

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Support Services 2016

Chemicals and your Brain

Opioids as a whole (medications, street drugs, etc.) as well as Alcohol attach to receptors within the brain responsible for releasing dopamine, a chemical that causes a pleasurable feeling as a reward for doing something, encouraging you to repeat those behaviors. The issue arises in the fact that opioids cause a release of dopamine in far higher levels than ordinary activities do, causing a "high", a feeling that the brain then craves over and over again.

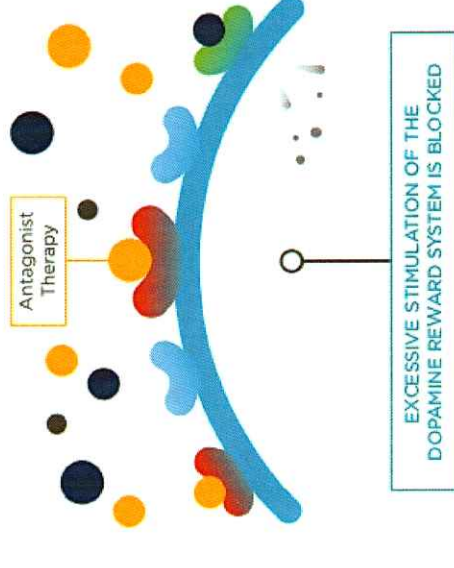


● = Endorphin

What is Vivitrol?

Opioid and Alcohol dependence are chronic, relapsing brain diseases that can be devastating both psychologically and physically. While Counseling can help patients work through the psychological aspects of dependence, medication may help address the physical changes in the brain.

Opioid antagonists occupy the same mu opioid receptors in the brain that opioids like Heroin and prescription pain medications bind to. This blocks the receptor from other opioids without activating the receptor, so there is no excessive stimulation of the dopamine reward system.



● = Endorphin ● = Opioid (e.g., Heroin and Pain Relievers) ● = Antagonist

By occupying the same receptor sites within the brain, the blockade prevents the increased dopamine release responsible for the pleasurable reinforcing effects of alcohol and opioids. In addition, because antagonists are non-pleasure producing as well as the once a month administration of the medication, there is no known abuse potential, the patient does not experience the traditional "high" associated with other substances, and if the patient ceases treatment, there are no withdrawal symptoms.

Just for Today Recovery and Veterans Support Services: Working with you to gain long-lasting success and recovery.

At Just for Today Recovery and Veterans Support Services, we understand that there is no known cure at this time for Substance Use Disorders. However, we feel that as part of a layered, complete plan for recovery, Vivitrol can provide those who struggle the necessary base with which to start a new way of life.

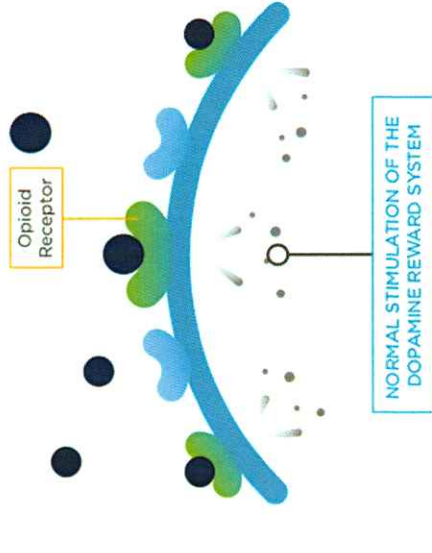
We understand that Addiction and Substance Abuse is a multi-faceted problem that requires a comprehensive program consisting of but not limited to; Professional Counseling, Group Therapy, Community Support Group Meetings, Medically Assisted Treatment, etc.

In conjunction with several other organizations, JFT will work with participants to facilitate the early recovery process, utilizing our trained Certified Recovery Specialists to coordinate and oversee all aspects of the Vivitrol Recovery Program Process.

Together, we can combat addiction, allow people to regain their lives and independence, and strive towards building a better community, Just for Today.

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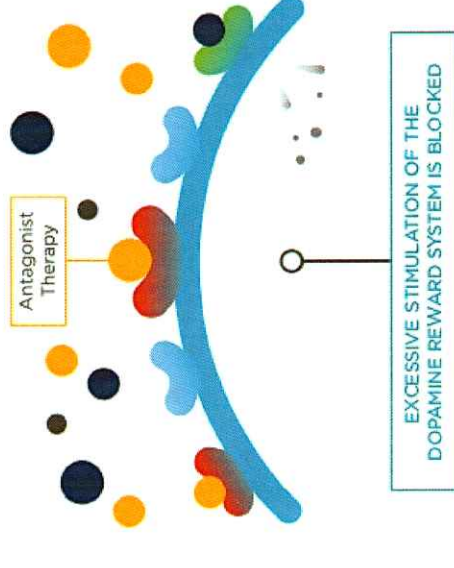


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